



Symphony PLUS[®] Initiation Technology[™] and Breast Pump Set (Kit)

Competency - Validation



Procedure: Symphony PLUS Breast Pump with Initiation Technology and Breast Pump Set (Kit)

Name: _____ Date: _____

The above nurse/healthcare provider has demonstrated, adequate performance of the skills listed below.

Proctor's Name _____ Date: _____

States indications for use of Symphony PLUS Breast Pump

Demonstrates proper technique when: (Check ✓)

1. Setting up a pumping set (kit) to the Symphony PLUS Breast Pump	
2. Using the Symphony PLUS Breast Pump	
3. Cleaning a Symphony PLUS Breast Pump	

Answer the following questions:

(Please circle the correct answer)

- 1. What does the Symphony PLUS INITIATE program mimic?**
 - a. A baby's sucking pattern in the first few days after birth
 - b. A baby's natural nursing rhythm when mother has an established milk supply
 - c. A baby's natural sucking level
 - d. A baby's sucking rhythm when weaning from breastfeeding
- 2. When using the Symphony PLUS INITIATE program, when should mothers turn the breast pump off?**
 - a. After five minutes
 - b. After 20 minutes
 - c. Mother should let the pump turn itself off after 15 minutes
 - d. Two minutes after the milk stops dripping
- 3. What does the Symphony PLUS MAINTAIN program mimic?**
 - a. A baby's sucking pattern in the first few days after birth
 - b. A baby's natural nursing rhythm when building and maintaining a mother's milk supply
 - c. A baby's natural sucking level
 - d. A baby's sucking rhythm when weaning from breastfeeding

Competency - Validation (continued)

4. When should a mother change from the INITIATE program to the MAINTAIN program?

- a. When her baby is discharged
- b. When she is discharged home
- c. Once her milk turns white
- d. When she has obtained ≥ 20 mL of milk for three consecutive pumping sessions or beginning on day six, whichever of the two options comes first.

5. When using the Symphony PLUS[®] MAINTAIN program, when should mothers turn the pump off?

- a. After five minutes
- b. After 20 minutes
- c. Mother should let the pump turn itself off after 15 minutes
- d. Until the breast feels drained and soft all over

True or False (Please check the correct box)

- | | T | F |
|--|--------------------------|--------------------------|
| 6. A mother should adjust the Symphony PLUS Breast Pump technology to her Maximum Comfort Vacuum™. | <input type="checkbox"/> | <input type="checkbox"/> |
| 7. The Symphony PLUS INITIATE program is appropriate for use in the first few days by mothers of infants of any gestational age. | <input type="checkbox"/> | <input type="checkbox"/> |
| 8. Mothers who have already experienced secretory activation and are producing large amounts of milk should use the Symphony PLUS MAINTAIN program only. | <input type="checkbox"/> | <input type="checkbox"/> |

For more information on INITIATE.BUILD.MAINTAIN™, visit: [InitiateBuildMaintain.us](https://www.InitiateBuildMaintain.us).



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Symphony PLUS[®] Initiation Technology[™] and Breast Pump Set (Kit) Competency - Validation (Answers)



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Name: _____ Date: _____

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Proctor's Name _____ Date: _____

States indications for use of Symphony PLUS Breast Pump

Demonstrates proper technique when: (Check ✓)

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3. Cleaning a Symphony PLUS Breast Pump	

Answer the following questions:

(Please circle the correct answer)

1. What does the Symphony PLUS INITIATE program mimic?

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Competency - Validation (Answers)

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